



SELF-LEADERSHIP - direct your own life



TALENT - it's there; waiting to get water, warmth, light



EGO & SELF (ego & soul, Alan Seale)



SELF-LEADERSHIP

5 workshops:

1. Leadership & Core values
(define your track)
2. Focus & Influence
(choice and deriving forces)
3. Distinctiveness
(talents and vulnerabilities)
4. Feelings & Needs
(understand and support self)
5. Trust & Appreciation
(self-leadership)



PREFERRED POSITION

A pyramid diagram representing Maslow's hierarchy of needs, divided into five horizontal layers. From top to bottom, the layers are: 1. Self-actualization (blue), 2. Esteem (green), 3. Love and belonging (yellow), 4. Safety needs (orange), and 5. Physiological needs (red). Each layer contains a title and a list of associated needs.

Self-actualization

desire to become the most that one can be

Esteem

respect, self-esteem, status, recognition, strength, freedom

Love and belonging

friendship, intimacy, family, sense of connection

Safety needs

personal security, employment, resources, health, property

Physiological needs

air, water, food, shelter, sleep, clothing, reproduction

Maslow's hierarchy of needs



FULFILLING NEEDS



FEELINGS - NEEDS



REQUEST & RESPONSIBILITY